

# OTTER TRAIL GUIDE

## TIDES APRIL 2026

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0640	1824	0342	1559	0945	2149
2	0641	1823	0412	1629	1013	2215
3	0641	1821	0439	1657	1039	2240
4	0642	1819	0505	1723	1104	2306
5	0643	1818	0530	1749	1130	2333
6	0644	1817	0555	1814	1156	---
7	0644	1816	0621	1841	0001	1224
8	0645	1815	0651	1913	0032	1255
9	0645	1814	0732	2003	0113	1338
10	0646	1813	0839	2306	0219	1454
11	0647	1811	1136	---	0536	1826
12	0648	1810	0043	1255	0649	1915
13	0648	1808	0126	1340	0731	1950
14	0649	1807	0202	1418	0807	2021
15	0650	1806	0237	1455	0842	2053
16	0651	1804	0312	1532	0917	2126
17	0652	1803	0349	1609	0953	2159
18	0652	1802	0426	1646	1029	2236
19	0653	1801	0504	1724	1107	2314
20	0654	1759	0544	1803	1146	2355
21	0655	1758	0626	1845	1227	---
22	0656	1757	0713	1936	0043	1314
23	0656	1756	0813	2052	0144	1413
24	0657	1755	0955	2314	0340	1602
25	0658	1753	1150	---	0556	1807
26	0659	1752	0032	1256	0658	1904
27	0700	1751	0122	1344	0741	1945
28	0700	1750	0201	1423	0816	2018
29	0701	1749	0236	1459	0847	2048
30	0702	1749	0308	1531	0915	2117

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

